

Creative prayer ideas

Creative idea for praying blessing and healing on marriages

On Monday 29th October our issue in focus was marriages. Around ten of us had gathered to pray – some of us married and some of us single. We all found this simple idea a useful, but private way to pray for couples known to us personally who we wanted to bless, or who we knew were struggling. We hope you'll find it helpful too.

Each person simply needs a sheet of paper and a pen.

You could use this idea in a variety of settings. We did it coming out of a time of sung worship focused on the power and healing found in the cross which finished with the song 'Jesus be the centre' but you could use it as a station or an element of led intercessions and play a suitable mp3 track in the background. If you are doing this you might choose a worship track that talks about Jesus being central and/or a song which talks about marriage such as Phatfish's 'Marriage song' – available on iTunes or Amazon on the album 'Higher'.

Praying for healing and blessing at the centre of marriages

1. Fold your piece of paper in half.
2. Write the names of each couple you want to pray for on the paper – placing the men on one side and the women on the other.
3. In the middle of the page, draw a simple cross outline and pray for Jesus to be at the centre of each marriage, and to bring his healing.
4. You might find it helpful to write a specific thing the cross has won that you want to pray for on the point of the cross between each couple – e.g. reconciliation; forgiveness; love; truth.
5. Fold the piece of paper up and keep it with you through the day as a reminder to continue praying for these couples.